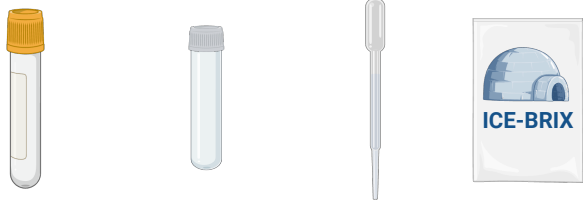


② KIT CONTENTS

Verify Kit Contents:



2 x SST yellow-top vial 1 x Aliquot transfer tube 1 x Pipette 1 x Ice pack



1 x Silver insulated envelope 1 x Biohazard bag with absorbent material 1 x Requisition form



1 x Return shipping box (your kit arrived in this) 1 x Shipping label to **Medical Diagnosis** 1 x Shipping bag

If you are missing any components, please call the Regenerus Laboratories customer service department on **+44 20 3750 0870** for assistance

③ PREPARATION

Important: Do not discontinue any medications or supplements without first consulting your healthcare practitioner

The sample must be shipped within 24 hours of the blood draw. Schedule the blood draw between Monday and Wednesday before 10 am, ensuring that the next day is not a UK bank holiday or weekend.

Samples must be received at Medical Diagnosis between Monday and Thursday, with the last dispatch day being Wednesday. To ensure timely shipping, schedule the courier collection at least 24 hours in advance.

Samples collected and shipped outside of this timeframe may be considered too old and may be rejected.

Freeze the ice pack for 4 to 6 hours minimum before the blood draw.

This is not a fasting test

④ COLLECTION

Please ensure you read and understand the preparation information prior to collection

1. Draw blood into the vials provided: 2 x SST yellow top vial.
2. Invert the vials 8 to 10 times after the completion of the draw.

Both SST vials **MUST** be centrifuged

3. Allow the SST vials to stand upright for 20 to 30 minutes to ensure complete clot formation before centrifugation.

4. Centrifuge the sample to separate the serum at approximately $2000 \times g$. For a swing-arm centrifuge, spin for 10 minutes at 3000 rpm. If using a fixed-angle rotor centrifuge, spin for 15 minutes at 3500 rpm.

5. After centrifugation, carefully transfer the serum from both SST vials to the aliquot transfer tube using a pipette, ensuring that no cellular material is carried over.

6. Write **patient's full name**, **date of birth** and **collection date** on the transfer tube. Be sure that the information is legible. Ensure the name matches what was provided on the requisition form.

7. Place the labelled serum transfer tube in the biohazard bag with absorbent material, seal it tightly, and store it in the freezer with an ice pack until ready for shipment.



8. **Complete** and **sign** the lab requisition form.

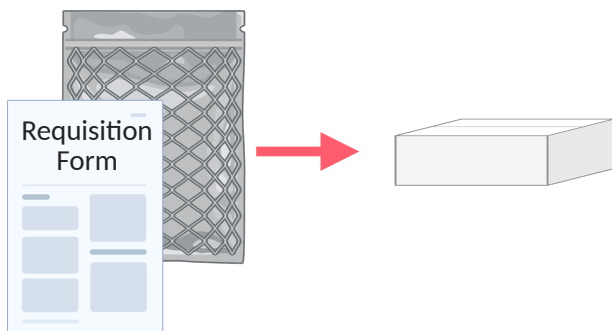
5

PACKING

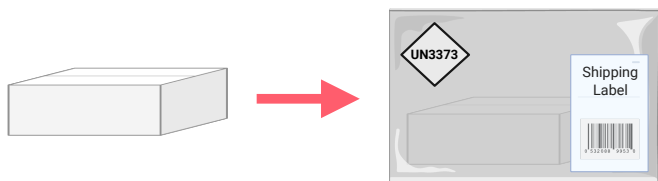
1. Retrieve the ice pack and the biohazard bag containing the labelled vial from the freezer and place them in the silver insulated envelope.



2. Place the silver insulated envelope along with the completed requisition form in the return box.



3. Place the box in the appropriate return bag and apply the pre-paid return shipping label to **Medical Diagnosis**.



The test cannot be performed without a properly filled requisition form

6

SHIPPING

Please follow the instructions on the enclosed shipping document

For health & safety reasons, you **must** use all packaging enclosed and seal each bag correctly before returning your sample.

Medical Diagnosis reserves the right to dispose of any sample received which does not meet this criteria.

We **do not** receive samples on weekends or bank holidays. Please ensure that your samples are received by Medical Diagnosis between Monday and Thursday.

Failure to do so may require the test to be rejected and needing to be repeated.

Telephone +44 20 3750 0870

Email info@regeneruslabs.com

Website www.regeneruslabs.me

regenerus labs
powered by OMNOS™

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MEDICAL DIAGNOSIS

THYROID, REV T3,
PARATHYROID HORMONE

BLOOD COLLECTION

INSTRUCTIONS

Read all instructions before collecting specimens

BP0 03/04/05/12/14