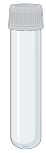
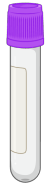


② KIT CONTENTS

Verify Kit Contents:

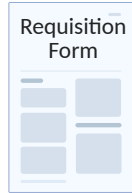
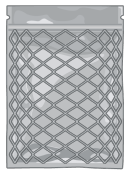


2 x EDTA lavender-top vial

1 x Aliquot transfer tube

1 x Pipette

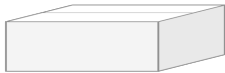
1 x Ice pack



1 x Silver insulated envelope

1 x Biohazard bag with absorbent material

1 x Requisition form



1 x Return shipping box (your kit arrived in this)

1 x Shipping label

1 x Shipping bag

If you are missing any components, please call the Regenerus Laboratories customer service department on **+44 20 3750 0870** for assistance

③ PREPARATION

Important: Do not discontinue any medications or supplements without first consulting your healthcare practitioner

The sample must be shipped within 24 hours of the blood draw. Schedule the blood draw between Monday and Wednesday before 11 am, ensuring that the next day is not a UK bank holiday or weekend.

Freeze the ice pack for 4 to 6 hours minimum before the blood draw.

Samples must be received at Regenerus Labs between Monday and Thursday, with the last dispatch day being Wednesday. To ensure timely shipping, schedule the courier collection at least 24 hours in advance.

Samples collected and shipped outside of this timeframe may be considered too old and may be rejected.

This is a fasting test.
Do not consume any food for 12 hours prior to the blood draw

④ COLLECTION

Please ensure you read and understand the preparation information prior to collection

1. Draw blood into the vials provided: 2 x EDTA lavender-top vial.

2. Invert the vials 8 to 10 times after the completion of the draw.

EDTA vials MUST be centrifuged

3. Allow the EDTA vials to stand for 30 minutes before centrifuging.

4. Centrifuge the EDTA vials to separate the plasma at approximately 2000 x g. For a swing-arm centrifuge, spin for 10-15 minutes at 3000-3500 rpm. If using a fixed-angle rotor centrifuge, spin for 15-20 minutes at 3500-4000 rpm. Allow the centrifuge to stop on its own without interruption. Within 5 minutes after the centrifuge has stopped, carefully remove the tube.

5. Transfer the plasma from two EDTA vials to the aliquot transfer tube using a pipette.

6. Attach the provided label to the vial and ensure the **collection date** is clearly indicated. If vial labels are not provided write **patient's full name**, **date of birth** and **collection date** on the aliquot transfer tube. Be sure that the information is legible. Ensure the name matches what was provided on the requisition form.

7. Place the labelled aliquot tube in the biohazard bag with absorbent material and seal tightly. Store in the freezer with the ice pack until ready to ship.

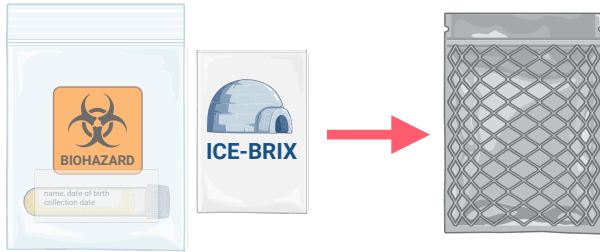


8. **Complete** and **sign** the lab requisition form.

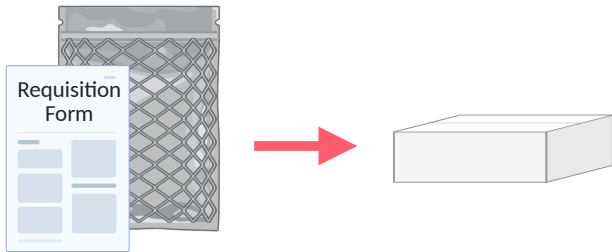
5

PACKING

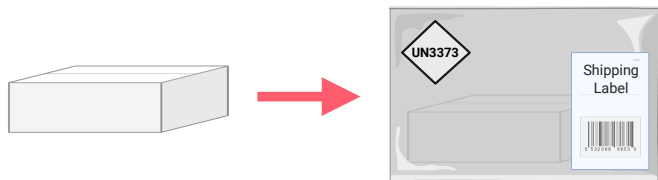
1. Retrieve the ice pack and the biohazard bag containing the labelled vial from the freezer and place them in the silver insulated envelope.



2. Place the silver insulated envelope along with the completed requisition form in the return box.



3. Place the box in the appropriate return bag and apply the pre-paid return shipping label to the outside.



The test cannot be performed without a properly filled requisition form

6

SHIPPING

Please follow the instructions on the enclosed shipping document

For health & safety reasons, you **must** use all packaging enclosed and seal each bag correctly before returning your sample.

Regenerus Labs reserves the right to dispose of any sample received which does not meet this criteria.

We **do not** receive samples on weekends or bank holidays. Please ensure that your samples are received by Regenerus Labs between Monday and Thursday.

Failure to do so may require the test to be rejected and needing to be repeated.

Telephone +44 20 3750 0870

Email info@regeneruslabs.com

Website www.regeneruslabs.me

regenerus labs
powered by OMNOS™

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PRECISION POINT DIAGNOSTICS

ADVANCED INTESTINAL
BARRIER ASSESSMENT

BLOOD COLLECTION

INSTRUCTIONS

Read all instructions before collecting specimens

PD005