

2

## KIT CONTENTS

## Verify Kit Contents:



1 x Urine collection cup



1 x Ice pack



1 x Barcode sheet



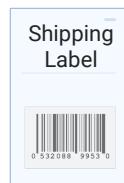
1 x Biohazard bag with absorbent material



1 x Silver insulated envelope



1 x Requisition form

1 x Return shipping box  
(your kit arrived in this)

1 x Shipping label



1 x Shipping bag

If you are missing any components, please call the Regenerus Laboratories customer service department on +44 20 3750 0870 for assistance

3

## PREPARATION

**Important:** Do not discontinue any medications or supplements without first consulting your healthcare practitioner

Wait 48 hours after completing a course of antibiotics before collection.

**Females**

Do not collect samples during menstruation

**Children**

Pediatric collection bags are available upon request to aid with collection for children not potty trained

**Test - OAT, MOAT or Glyphosate**

**Minimum Requirement** - 10 ml per test

**Items to discontinue 48 hours before collection:**

Apples, apple juice and products, grapes, grape juice and products (including raisins) pears, pear juice and products, cranberries, cranberry juice and products, reishi mushrooms or echinacea, arabinogalactan or ribose Supplements.

**Test - Mycotox**

**Minimum Requirement** - 10 ml

**Items to discontinue 3 days before collection:**

Glutathione, Bentonite Clay or similar binders, Charcoal. If you are taking mycophenolate mofetil (CellCept/Mycofortic) please be sure to check the appropriate box on the Test Requisition Form. Fasting 12 hours before collecting your sample may increase the level of detectable mycotoxins and improve the sensitivity of the test.

**Test - TOXDetect or EnviroTox**

**Minimum Requirement** - 10 ml

**Items to discontinue before collection:** None

Samples should be received at Regenerus Labs between Monday - Thursday

4

## COLLECTION

Please ensure you read and understand the preparation information prior to collection

1. Collect your first urine specimen in the morning, before eating or drinking. This is typically the most concentrated sample.

Samples that are too dilute may be rejected



2. Please collect at least the minimum amount of urine required for the test as indicated on your order. Collecting more than the minimum is recommended, but not required. Pour off any excess above the 50 ml indicator line to prevent leakage once frozen.

Please use only the provided collection cup. Samples submitted in any other containers will NOT be accepted



3. Locate and complete the barcode sheet in your test kit. Place one barcode sticker to the collection sample. Be sure that the information is legible and includes patient's full name, date of birth, collection date and time. Ensure the name matches what was provided on the requisition form.



4. Place the collection cup and ice pack in the freezer for at least 4 hours or until fully frozen (maximum 30 days). Check the box on the barcode label to confirm the sample has been frozen.



5. Complete and sign the lab requisition form.



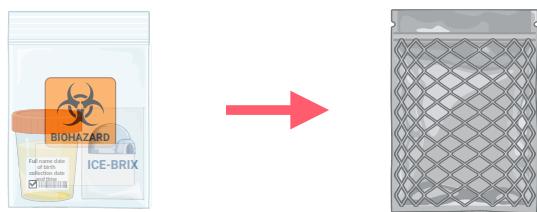
5

## PACKING

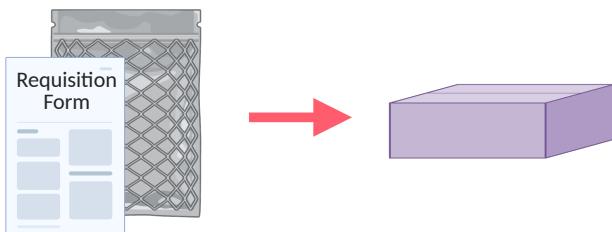
1. Retrieve the labelled frozen sample and ice pack from the freezer and place them in the biohazard bag along with the absorbent tissue.



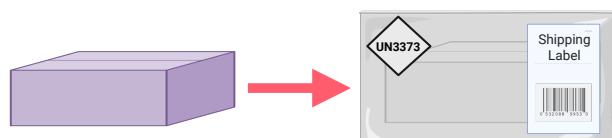
2. Then, place the biohazard bag into the silver insulated envelope and seal it securely.



3. Place the silver insulated envelope along with the completed requisition form in the return box.



4. Place the box in the appropriate return bag and apply the pre-paid return shipping label to the outside.



The test cannot be performed without a properly filled requisition form

6

## SHIPPING

Please follow the instructions on the enclosed shipping document

For health & safety reasons, you **must** use all packaging enclosed and seal each bag correctly before returning your sample.

Regenerus Laboratories reserves the right to dispose of any sample received which does not meet this criteria.

We **do not** receive samples on weekends or bank holidays. Please ensure that your samples are received by Regenerus Labs between Monday - Thursday.

Failure to do so may require the test to be rejected and needing to be repeated.

regenerus labs

powered by  OMNOS™

MOSAIC

OAT, MOAT,  
GLYPHOSATE, MYCOTOX,  
ENVIROTOX, TOXDETECT

URINE COLLECTION

## INSTRUCTIONS

Read all instructions before collecting specimens

Telephone +44 20 3750 0870

Email [info@regeneruslabs.com](mailto:info@regeneruslabs.com)

Website [www.regeneruslabs.me](http://www.regeneruslabs.me)

regenerus labs  
powered by  OMNOS™