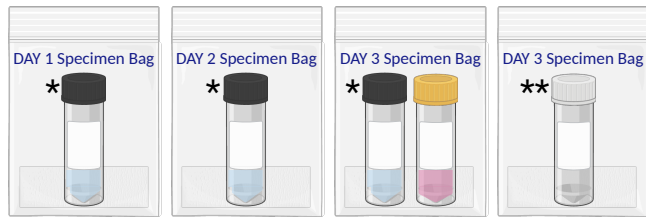


② KIT CONTENTS

Verify Kit Contents:



4 x Specimen bag with vials, glove and absorbent material

* black and yellow top vials contain preservative
** white top vial does not contain preservative

Caution: Avoid contact of the skin and eyes with the fluid in the vials.

- For eye contact, flush with water thoroughly for 15 minutes.
- For skin contact, wash thoroughly with soap and water.
- For ingestion, contact your physician immediately.



If you are missing any components, please call the Regenerus Laboratories customer service department on **+44 20 3750 0870** for assistance

③ PREPARATION

Important: Do not discontinue any medications or supplements without first consulting your healthcare practitioner

Discontinue the following:

2 weeks before the test: Antibiotics, antiparasitics, antifungals, or probiotic supplements, proton pump inhibitor and bismuth.

2 days before the test: Aspirin and other NSAIDs, digestive enzymes, laxatives (particularly mineral oil, castor oil and glycerin enemas/suppositories), activated charcoal, betaine HCl, antacids and bentonite clay.

Wait at least **4 weeks** from a colonoscopy or barium enema before collecting.

Do not collect samples when there is active bleeding from hemorrhoids or menstruation

Do not contaminate the stool with urine or water

Patient will collect stool over 1, 2, or 3 days. Please confirm the collection duration with your physician before beginning.

The minimum sample requirement for any test is **1 black, 1 yellow and 1 white vial**.

It is preferable, though not required, to collect on consecutive days; however, the final collection must be made within 7 days of the first.

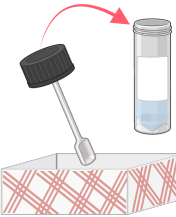
	DAY 1 BAG	DAY 2 BAG	DAY 3 BAG
Collect stool on 3 separate days	1st collection	2nd collection	3rd collection
Collect stool on 2 separate days	✗	1st collection	2nd collection
Collect stool on 1 day	✗	✗	1st collection

④ COLLECTION

Please ensure you read and understand the preparation information prior to collection

Samples must be received at the Regenerus Labs between Monday and Thursday.
The last dispatch day is Wednesday

1. Put on glove and collect stool into the paper collection container supplied. If possible, void urine prior to collecting stool to avoid mixing it with the stool sample.



2. Remove the cap from the vial and using the attached spoon transfer stool specimen into the vial. Take multiple portions from different areas of the collection container.



3. Add enough stool until it reaches the fill line. **DO NOT** overfill. Screw the cap on tightly.

4. Black and yellow vials only: Shake the vial vigorously for approximately 30 seconds to mix stool with preservative (white vial does not contain preservative, and does not need to be shaken).



5. Place the provided labels to the vials and ensure the **collection date** is clearly indicated. If vial labels are not provided write **patient's full name, date of birth and collection date** on the specimen vial. Be sure that the information is legible. Ensure the name matches what was provided on the requisition form.



6. **Complete** and **sign** the lab requisition form.

The minimum sample requirement for any test is 1 black, 1 yellow and 1 white vial.

Ideally, collect samples on Friday, Saturday and Sunday, and dispatch on Monday. Always dispatch the samples on the day, or day after the last sample is collected.

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PACKING



Day 1 Collection

Place the BLACK-top vial in the DAY 1 specimen bag and store it in the refrigerator until ready to ship.

DO NOT freeze.



Day 2 Collection

Place the labelled BLACK-top vial into the DAY 2 Specimen bag and store it in the refrigerator prior to shipping.

DO NOT freeze.



Day 3 Collection

Place the labelled BLACK- and YELLOW-top vials into the DAY 3 Specimen bag and store it in the refrigerator prior to shipping.

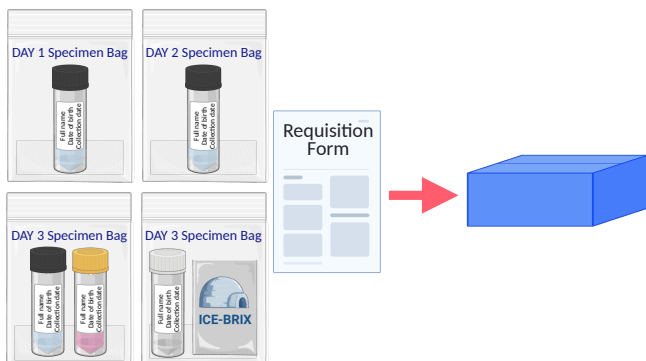
DO NOT freeze.



Place the labelled WHITE-top vial into the separate DAY 3 Specimen bag. Insert the ice pack into the side pouch of the bag and place it in the freezer.

FREEZE for a minimum of 6 hours.

1. Retrieve the 4 specimen bags and place them into the return box along with the completed requisition form.

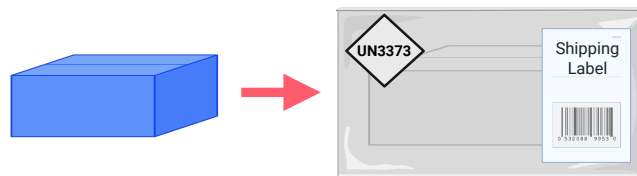


The test cannot be performed without a properly filled requisition form

6

SHIPPING

2. Place the box in the appropriate return bag and apply the pre-paid return shipping label.



Please follow the instructions on the enclosed shipping document

For health & safety reasons, you **must** use all packaging enclosed and seal each bag correctly before returning your sample.

Regenerus Laboratories reserves the right to dispose of any sample received which does not meet this criteria.

We **do not** receive samples on weekends or bank holidays. Please ensure that your samples are received by Regenerus Labs between Monday - Thursday.

Failure to do so may require the test to be rejected and needing to be repeated.

Telephone +44 20 3750 0870

Email info@regeneruslabs.com

Website www.regeneruslabs.me

regenerus labs
powered by OMNOS™

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CSA+P
COMPREHENSIVE STOOL ANALYSIS +
PARASITOLOGY AND GI360
GI360

STOOL COLLECTION

INSTRUCTIONS

Read all instructions before collecting specimens

CM104 & DD00 3/5